



## Activities to Celebrate Abortion Provider Appreciation Day

**Abortion Provider Appreciation Day is March 10!** Join us in celebrating the incredible people who work in abortion clinics on the 10th or all year—  
There's never a wrong time to show gratitude to abortion providers!

★ **Some activities require reaching out to clinics first:** *Surprises are fun, but for the sake of security, privacy, and scheduling (and dietary restrictions!), some activities require planning with the clinic. We've indicated those activities with a star ★. Looking for address, hours, or contact info for a clinic? Start with our [list of member clinics](#) – clinic names link directly to the clinic's website.*

### Celebrate Providers

- **Send a digital love note!** Make sure abortion providers know that they have your support, gratitude, and appreciation by leaving a [Kudoboard message](#) for them to see!
- **Host a postcard party and write love notes to abortion providers** (postcards are better than letters in envelopes for security reasons!);
  - You can [download and print this postcard \(front + back\)](#).
  - Find [a list of indie clinics here](#) - click on the clinic link for their address.
- ★ **Sidewalk-chalk around the clinic with messages of support for patients and staff** (be sure to contact your clinic to check on any property/security issues!)
- **Join the virtual celebration on social media!** Post images, videos, or messages sharing your love and appreciation for abortion providers using the hashtag #CelebrateAbortionProviders.
- **Pass a resolution to recognize March 10<sup>th</sup> as Abortion Provider Appreciation Day.** If interested, please see "[Declaring Abortion Provider Appreciation Day in Your Community: A Proclamation Toolkit](#)".
- **Write an OpEd, publish a love letter, or create art** honoring a local abortion clinic; share it online or in your community.
- **Record a video message from you or your organization** (or group of friends, volunteers, etc.), including why you celebrate abortion providers and the work they do. Send it directly to your local clinic or share it on social media.

## Treat Providers

- **Support abortion providers and patients** by ordering needed items from clinic wish lists (compiled by Abortion Access Front)
- ★ **Send a plant or flowers from a local florist or framed artwork** to brighten up the clinic, staff break room, or patient waiting area.
- ★ **Treat your local clinic** to snacks, sweets, an edible arrangement, breakfast, or lunch delivered directly to them from a local business.
- ★ **Partner with a local business to provide clinic staff with opportunities for relaxation**, like massages, yoga, or meditation. Or, you can send supplies for a staff wellness station, including tea and cocoa, a sound machine, aromatherapy, or other relaxing items.
- ★ If your organization is in the same city as a clinic, **coordinate a happy hour or other activity at a local spot to treat and connect** with clinic staff. (*Follow the clinic's lead on any privacy, safety, or illness-prevention precautions they might need.*)
- ★ Are there no indie clinics in your city? Reach out to see if an indie clinic in your state (or region) would enjoy a **virtual happy hour, coffee break, or game night**—just make sure it's not one more obligation, and bring lots of fun and love.

## Support Providers

- **Donate to independent clinics:** every dollar donated to [KeepOurClinics.org](https://www.KeepOurClinics.org) goes directly to indie clinics to help them stay open and care for their communities.
- **Become a patient at an independent clinic.** Many clinics provide a range of sexual and reproductive health services. Becoming a patient helps to keep clinics open, plus you'll get excellent, non-judgemental care! [Find an ACN member clinic.](#)
- ★ **Connect with your local clinic to see if they need help** planting flowers, painting a fence, or doing other property maintenance or spring cleaning -- you can start planning now, even if they don't need you until later!
- **Hold an online or in-person fundraiser for independent clinics:**
  - House parties are a great way for people to learn more about indie clinics!
  - Share the information from [ACN's Communities Need Clinics report](#) and encourage donations to [KeepOurClinics.org](https://www.KeepOurClinics.org) or to your local clinic.
  - Reach out to [donations@abortioncarenetwork.org](mailto:donations@abortioncarenetwork.org) for more information!

## Get To Know Providers

- **Know how to find an abortion clinic** - and make sure everyone in your life does, too! [ineedanA.com](https://www.ineedanA.com) is a free, private website where you can find an abortion clinic in the US.
- **Follow, share, and amplify indie clinics on social media.** If you're unsure about whether you're following a clinic's official account, check their website for links. Like, save, and share posts from clinics to increase engagement for them.
- **Host a gathering or teach-in (in-person or online)** centering your local clinic's services and importance to the community.